

# Menu for Delivery Wednesday September 8, 2010

Please note: \$45 minimum order for delivery (before tax and delivery fee).

As always, no minimum for picking up at our kitchen.

## Debbie's Delivered Dinners

Freshly prepared meals delivered to your door

Get your "Debbie Dollars". Prepay and save!

[Click here to see the NEW frozen menu for September and October](#)

Debbie Does Dinner



All items available à la carte (v) vegetarian (f) freezes beautifully (gf) gluten-free (df) dairy-free

### ENTRÉES

**Tortilla Crusted Mahi Mahi (df)\* \$18 (serves 2-3)**  
kind of like an all-in-one fish taco. Fresh Mahi Mahi is dipped in jalapeno vinaigrette and then crusted with crushed tortilla chips. We will sear quickly and you finish in the oven. Served with a side of jicama slaw and fish taco crema sauce.

\*the fish and jicama slaw are dairy free, but the crema sauce is not

**SpaDebbieO's (f) \$12 (serves 2-3)**

Big and little kids will be pleased with our homemade version of the Chef Boyardee classic. Whole wheat pasta Os, mini turkey meatballs and vegetable studded tomato sauce.

**Organic Quinoa Veggie Bowl (v) (gf)\* (df) \$12 (serves 2-3)**

with black beans, corn, broccoli, zucchini, sweet potatoes and peanut sauce. Healthy, nutritious and delicious!

\*except for a trace amount of gluten in the soy sauce in the peanut sauce, this dish is otherwise gluten-free.

**New! Fresh Bircher Muesli (v) \$8/24 oz (serves 3-4)**

Bircher Muesli is a popular breakfast cereal based on uncooked oats, fruit and nuts. While it is available in dry packaged form, I much prefer this fresh version. Oats, raisins and a little bit of brown sugar are soaked overnight in lowfat milk. We will provide you with plenty of fresh fruit and nuts to add when you are ready to eat. This nutritious and delicious breakfast alternative will keep in the refrigerator for 4-5 days.

### SIDES - \$6 (serves 2-3)

**Calabacitas (v) (gf)**

this traditional Southwestern dish of zucchini, squash, corn, tomatoes and peppers is packed with vitamins C and A and fiber. Can be eaten as a side dish or a vegetarian taco/quesadilla filling.

**Jicama Slaw (v) (gf) (df)**

with shredded cabbage, red and yellow bell peppers, cilantro and jalapeno vinaigrette. Light, fresh and not too spicy.

### TURNOVERS - \$5 EACH or 4/\$18 (same flavor)

**Empanada de Pino (f)**

with ground beef, onions, garlic, hard-boiled eggs and olives.

**Chili Cheese (v) (f)**

with our yummy multi-bean vegetable chili and Cheddar cheese

### SIDE SALAD - \$6 (serves 2-3)

**Heirloom Tomato and Peach Salad (v) (gf)**

with basil, red onion slivers, fresh Mozzarella and citrus vinaigrette. Beautiful and delicious!

### ENTRÉE SALAD - \$12 (serves 2)

**Shrimp Nicoise Salad (gf) (df)**

Grilled shrimp, roasted potatoes, green beans, hard-boiled eggs, capers and Nicoise olives served on a bed of mixed greens. Just like a tuna nicoise salad, but with shrimp instead of tuna.

### SOUPS - \$11/quart

**WonTon Soup (df)**

hand crafted wontons filled with pork and shitake mushrooms floating in a flavorful broth with scallions and baby bok choy

### Sale!

**Frozen Zucchini Spinach Soup (v) (gf) (f) \$9/quart**

this bright green soup is smooth, creamy, nutritious and delicious!

### DESSERTS

**Leota's "Haystacks" 4/\$5**

my grandmother taught me to make these funny looking, but great tasting refrigerated cookie treats. The mixture of peanut butter, butterscotch and chinese noodles may sound a little wacky, but the combination of flavors and crunch is quite addictive.

**Frozen Chocolate Peanut Butter Fudgegasm Dough (f) \$12**

Freshly baked hot cookies in 10 minutes! Each package contains two dozen pre-scooped cookie "balls" ready to pop in the oven. These chocolate peanut butter cookies are fudgegasmic!

**Apple Pie (vegan) (gf) \$5**

this week's vegan gluten-free dessert from Vanessa Morales of [www.specialrequestsf.com](http://www.specialrequestsf.com)

### THIRST QUENCHER - \$3.50/quart

**Tropical Fruit Lemonade**

with mango, papaya and lime

## Having a party?

[Check out our Friday BBQ Kits](#)

everything you need for a delicious BBQ

Seasoned Grill-ready Entrées (Meat and Vegetarian)  
Succulent Sides  
Decadent Desserts  
Refreshing Lemonade

Family Size Kit serves 4-6 • Party Size Kit serves 10-12

Order by Wednesday at 9AM • Available for pickup or delivery Friday afternoon

## How it works:

1. Choose items from the fresh menu to the left OR [our monthly frozen menu](#).

2. Order before

**5PM Monday 9/6/10\***

\*we are accepting orders until Monday for this week only due to the holiday. Please note that orders usually need to be in by Sunday at 9PM

3. E-mail/Phone your order

[debbie@debbiedoesdinner.com](mailto:debbie@debbiedoesdinner.com)

OR

415.643.6438

4. Please include:

Name

Address

Phone #

Preferred email address

Special Instructions

5. Confirm order

I ALWAYS send confirmations. If you do not hear back from me within 36 hours, it means I did not receive your order.

**Please check the invoice and make sure everything is correct.**

If yes, you're all set.

If I forgot something or made any mistakes, please let me know asap.

6. Time to eat!

**Pick up (no charge):**

Where?

**425 Barneveld Ave**

**SF, CA 94124**

(x Oakdale/Industrial)

When?

**Wednesday 1-7PM**

**Thursday 11AM-7PM**

**Delivery:** (\$45 minimum for delivery)

**All deliveries in San Francisco are \$15.**

Please contact for rates outside SF.

## Free delivery for orders over \$200.

There is a \$5 deposit on the delivery bags/ice packs\*. You will receive a \$5 credit on your next invoice when the bags/ice packs are returned.

\*New customers receive a free bag with their first order. The deposit applies to additional bags/future orders.

## How to pay:

Payment is due upon delivery.

**Cash, Check, Credit Card or PayPal**

New customers get \$10 off their 1st order plus a FREE insulated delivery bag\*

\*10 credit is for orders of \$50 or more before tax and delivery. \$5 credit for orders less than \$50. Valid one time per new customer. Not to be combined with other discounts/promotions



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