



# Debbie Does Dinner

Freshly prepared meals delivered to your home or office.

## Valentine's Day 2012



**Our Valentine's Day menu is inspired by foods that are reputed to be aphrodisiacs. Whether the power of these foods is folklore or fact is still being disputed, but everyone agrees the best way to a person's heart is through their stomach.**

All items available à la carte

(v) vegetarian (f) freezes beautifully (gf) gluten-free (df) dairy-free

### STARTERS

**Arugula with Asparagus, Carrots, Almonds, Strawberries and Honey Mustard Vinaigrette** (v) (gf) (df) \$7 (serves 2)  
also called a Lovers Salad because most of the components are considered aphrodisiacs. Arugula has been documented as an aphrodisiac since the first century A.D. Asparagus and carrots, perhaps due to their shape, have long been considered aphrodisiac foods. Almonds have been a symbol of fertility throughout the ages and their aroma is thought to induce passion in women. Heart shaped strawberries are packed with vitamin C and invite love. In Egyptian times, cures for sterility and impotence were based on honey. Mustard is believed to stimulate sexual glands and increase desire.

**Tomato Basil Bisque** (v) (gf) \$6/pint, \$11/quart

Tomatoes were originally called love apples and therefore particularly appropriate for Valentine's Day. Basil is said to create a general sense of well being for both the body and mind as well as stimulating sex drive and boosting fertility.

### ENTRÉES

**Cracked Crab with Chile Garlic Noodles** \$20 (serves 1-2)

My personal favorite. Fresh Dungeness crab is cooked, cleaned, cracked and tossed with butter, garlic, sea salt and chile flakes. Served with a side of tastylicious chile garlic noodles.

**Heart Shaped Ravioli with Puttanesca Sauce** (v) \$18 (serves 2)

Allegedly a sauce invented and made by *ladies of the night*. It is said they would put pots of it in their windows to tempt men into the bordellos. A little salty (from capers), spicy (from chile peppers), tangy (from olives) and fragrant (from garlic), this Italian sauce also has onions, tomatoes and fresh herbs. It sometimes has anchovies, but not this time.

### SIDES

**Chile Garlic Noodles** (v) \$5/cup, \$8/pint or \$15/quart

with fresh garlic, chile flakes, butter and Parmesan cheese. Decadent and delicious.

**Ginger Carrots** (v) (gf) \$5/cup, \$8/pint or \$15/quart

Carrots were used by Middle Eastern royalty to aid in seduction. High in vitamins and beta-carotene, carrots are believed to be a stimulant, especially potent to men. Ginger is a stimulant to the circulatory system. Mix the two together and add some spice to your evening.

### SWEETS

**Hand Painted Heart and Lip Shaped Sugar Cookies** \$2-\$4 each depending on size  
delicious, colorful, festive and fun! We can personalize any cookie for an additional \$.50.

**Chocolate Peppermint Bark** \$6 (net weight 6 oz)

Chocolate is probably the most popular of all aphrodisiacs. It contains the psychoactive feel-good chemical and PEA (phenylethylamine), which supposedly makes everyone feel emotionally aroused and helps induce feelings of excitement and euphoria.

**Mini Chocolate Truffle Cookies** (f) \$12/dozen

The Aztecs referred to chocolate as "nourishment of the Gods." Made with three kinds of chocolate, these wildy decadent cookies will nourish the entire universe.

**Nonesuch Bakery Cookie Dough** \$15/pouch OR \$40/variety pack \*FREE OF gluten, dairy, egg, soy and peanut\*

this is a new product from my friend Sarah. Each resealable pouch contains "a baker's dozen ready for the oven" made by hand in San Francisco. Choose oatmeal raisin, chocolate chip or shredded coconut - one flavor per pouch. Variety pack includes 3 pouches, one pouch per flavor.

Due to the seasonal nature of the fresh ingredients that we use, substitutions may sometimes be necessary.

### How it works:

1. Choose items from the a la carte menu to the left

2. Order before  
5PM Thursday 2/9/12  
for pickup or delivery on  
Tuesday 2/14/12

3. E-mail/Phone your order  
[debbie@debbiedoesdinner.com](mailto:debbie@debbiedoesdinner.com)

OR

415.643.6438

4. Please include:

Name

Address

Phone #

Preferred email address

Special Instructions

Pick up or Delivery?

5. Confirm order

I ALWAYS send confirmations. If you do not hear back from me within 48 hours, it means I did NOT receive your order.

**Check the invoice and make sure everything is correct.**

If I forgot something or made any mistakes, please let me know asap.

6. Time to eat!

**Pick up** (no charge) at our  
**commercial kitchen:**

710 Florida Street

SF, CA 94110

(x19th St. Sign says Florida Street Cafe)

When?

**Tuesday 2/14/12 3-6PM**

### Delivery\*

\*\$50 minimum for delivery

**Delivery anywhere in the city of San Francisco is \$15.**

Please contact for rates outside SF.

★ ★ NEW ★ ★

**Free delivery for orders over \$150\***

\*Free delivery is for locations within the city of San Francisco only. Deliveries outside of the city receive a \$15 credit. Only applies to one invoice, one payment and one delivery address. Not to be combined with other discounts/promotions, including gift certificates.

### How to pay:

Payment is due upon delivery  
Cash, Check, Credit Card or PayPal